Registered company no: 07532242 (England & Wales)

Registered charity no: 1143147

REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

| | Page |
|--|------|
| Report of the Trustees | 1 |
| Independent Examiner's Report | 4 |
| Statement of Financial Activities | 5 |
| Balance Sheet | 6 |
| Notes to the Financial Statements | 7 |
| Detailed Statement of Financial Activities | 10 |

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for the UK and Republic of Ireland (FRS102).

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The principal activities of the charity continue to be:

- 1. The provision of opportunities for families and interested individuals to give mutual support, informal advice, information and guidance in order to advance the wellbeing of families with children of any age who are on the autism spectrum and who live in the London Borough of Lewisham
- 2. The provision or the commissioning of facilities, services and activities for the benefit of family members

Significant activities

During the year, SIGNAL Family Support Ltd carried on its usual activities, providing mutual support for its members via various activities. These included family trips to places such as Brighton Sea Life Centre, a local Forest School, a trampoline park, The Planetarium and Royal Observatory in Greenwich, plus our annual trips to see the pantomine at Greenwich Theatre and to go ten-pin bowling at Surrey Quays.

We held monthly evening meetings for members, covering topics including anxiety and depression, teen life, SEN law and talks from young people on the autism spectrum. Our Family Summer Party in July, and picnic in August, were very popular and enjoyed good weather. Our weekly trampolining sessions and swimming classes remain well-attended. This year we held a limited term of 20 weekly dramatherapy sessions for a small group of children, working with The Deboree Ubee Trust in Greenwich.

SIGNAL has maintained a strong local presence and continues to work closely with the Local Authority and other agencies to support families affected by autism in Lewisham which has the highest ASD diagnosis rate of young people in England.

Volunteers

We would like to thank our volunteers who have generously donated their time and talents to the charity.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019 continued

FINANCIAL REVIEW

Principal funding sources

A big thank you to Baily Thomas, London Community Fund, Mencap, Merchant Taylors and Children First Lewisham for their continued support of our activities, plus all members and supporters who donated throughout the year.

Reserves policy

The charity aims to maintain unrestricted reserves equivalent to 3 months' operating costs. As at 31 March 2019 this was approximately £15,000.

FUTURE PLANS

Looking ahead, we hope to maintain our current level of activities whilst aiming for new projects within the constraints of finding funding in financially straitened times. Projects we are looking to fund include horse-riding for children and mindfulness for parents.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019 continued

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and is a company limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity no: 1143147

Registered company no: 07532242 (England & Wales)

Registered office: Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Trustees

L A Hutton

Chair

K J Cody

Treasurer

N Ballard

appointed 24 September 2018

M Clater

resigned 16 November 2018

H Delaney S Gregory

M Jimenez-Lopez

K Mantle

M McInerney

I Sinclair

Independent Examiner

Christine Wykes Driver, Voluntary Action Lewisham The Mulberry Centre, 15 Amersham Vale London SE14 6LE

Approved by the board of trustees on 11 October 2019

and signed on its behalf by

Sarah Gregory, Chair (appointed June 2019)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SIGNAL FAMILY SUPPORT LTD

I report to the trustees of Signal Family Support Ltd ('The Charity') on my examination of the Charity's accounts for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees you are also its directors for the purposes of company law. You are responsible for the preparation of accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under s.145 of the Charities Act 2011. In carrying out my examination I have followed the directions given by the Charity Commission under s.145 (5.b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination and confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by s.386 of the Companies Act 2006
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of s.396 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matter in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christine Wykes Driver

Voluntary Action Lewisham, The Mulberry Centre

15 Amersham Vale, London SE14 6LE

24 September 2019

SIGNAL FAMILY SUPPORT LTD

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

| | | | | Year ended 31.03.19 | Year ended 31.03.18 |
|-------------------------------------|-------|----------------------|-----------------|------------------------|------------------------|
| | | Unrestricted Fund | Restricted Fund | Total Funds | Total Funds |
| | Notes | £ | £ | £ | £ |
| INCOME | | | | | |
| Donations and grants | | 8,046 | 33,261 | 41,307 | 53,773 |
| Charitable activities | | | | | |
| Swimming | | 4,794 | | 4,794 | 4,280 |
| Trips | | 3,250 | | 3,250 | 3,472 |
| Trampolining | | 2,016 | | 2,016 | 2,171 |
| Dramatherapy contributions | , | 345 | | 345 | |
| Total income | 1 | 18,451 | 33,261 | 51,712 | 63,696 |
| EXPENDITURE | | | | | |
| Raising funds | | 5,627 | | 5,627 | 6,533 |
| Charitable activities | | | | | |
| Staffing | | 11,171 | 9,368 | 20,539 | 14,262 |
| Swimming | | | 12,516 | 12,516 | 8,618 |
| Trips | | | 7,722 | 7,722 | 6,971 |
| Trampolining | | | 5,818 | 5,818 | 4,580 |
| Teens group | | | 1,362 | 1,362 | |
| Parents' meetings | | | 1,240 | 1,240 | |
| Office, admin, insurance, telephone | | 1,209 | 601 | 1,810 | 2,147 |
| Room hire | | | 432 | 432 | 325 |
| Newsletter | | | 382 | 382 | 575 |
| Sundries | | 13 | | 13 | 147 |
| Depreciation | | 11 | 68 | 79 | 105 |
| Subtotal | | 18,031 | 39,509 | 57,540 | 44,263 |
| Legal & professional fees | | | 1,267 | 1,267 | 1,459 |
| Accountancy fees | | | 900 | 900 | 840 |
| Total expenditure | | 18,031 | 41,676 | 59,707 | 46,562 |
| NET INCOME/(EXPENDITURE) | | 420 | (8,415) | (7,995) | 17,134 |
| Transfers between funds | 8 | 4,049 | (4,049) | 0 | |
| Net movement in funds | | 4,469 | (12,464) | (7,995) | 17,134 |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 23,545 | 25,795 | 49,340 | 32,206 |
| TOTAL FUNDS CARRIED FORWARD | - | 28,014 | 13,331 | 41,345 | 49,340 |

The notes form part of these financial statements.

SIGNAL FAMILY SUPPORT LTD BALANCE SHEET AT 31 MARCH 2019

| | | | 2019 | | 2018 |
|---|-------|----------------------|-----------------|-------------|-------------|
| | | Unrestricted Fund | Restricted Fund | Total Funds | Total funds |
| | Notes | £ | £ | £ | £ |
| FIXED ASSETS | | | | | 247 |
| Tangible assets | 5 | 32 | 206 | 238 | 317 |
| CURRENT ASSETS | | | | | |
| Debtors | 6 | | | | 118 |
| Cash at bank | | 31,796 | 31,258 | 63,054 | 77,246 |
| | • | 31,796 | 31,258 | 63,054 | 77,364 |
| CREDITORS | | | | | |
| Amounts falling due within one yea | r 7 | (3,814 | (18,133) | (21,947) | (28,341) |
| NET CURRENT ASSETS | | 27,98 | 2 13,125 | 41,107 | 49,023 |
| TOTAL ASSETS LESS | | | | | |
| CURRENT LIABILITIES | | 28,014 | 13,331 | 41,345 | 49,340 |
| NET ASSETS | | 28,014 | 13,331 | 41,345 | 49,340 |
| DEDDECTAITED DV. | 10 | | | | |
| REPRESENTED BY: Unrestricted funds | 10 | | | 28,014 | 23,545 |
| Restricted funds | | | | 13,331 | 25,795 |
| TOTAL FUNDS | | | | 41,345 | 49,340 |
| • | | | | | |

The charitable company, no: 07532242, is entitled to exemption from audit under s.477 of the Companies Act for the year ended 31 March 2019. The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with s.476 of the Companies Act 2006. The trustees acknowledge their responsibilities for:

- 1. ensuring that the charitable company keeps accounting records that comply with s. 386 and s.387 of the Companies Act 2006 and
- 2. preparing financial statements which give a true and fair view of the state of affairs of the charitable company at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of s.394 and s.395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies. The notes form part of these financial statements.

The financial statements were approved by the Board of Trustees on 11 October 2019. and signed on its behalf by:

Sarah Gregory, Chair of trustees

K J Cody, Treasurer

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is charged on assets with a purchase price over £500 to write off each asset over its estimated useful life. Computer equipment is depreciated at 25% per annum.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees. Restricted funds can only be used for particular purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019 continued

| 2 | NET INCOME/(EXPENDITURE) | Year ended | Year ended |
|---|--|------------------|------------|
| | Net income/(expenditure) is stated after charging | 31.03.19 | 31.03.18 |
| | ,, , | £ | £ |
| | Depreciation on owned assets | 79 | 105 |
| 3 | TRUSTEE REMUNERATION AND BENEFITS | | |
| | There were no trustees' remuneration or other benefits for t | the year ended | · |
| | 31 March 2019 nor for the year ended 31 March 2018. | | |
| | There were no trustee expenses paid for the year ended 31 | March 2019 (2018 | 3). |
| 4 | STAFF COSTS | Year ended | Year ended |
| | The average number of employees during the year were | 31.03.19 | 31.03.18 |
| | Administration staff | 1 | 1 |
| | No employees received emoluments in excess of £60,000 | | |
| r | TANGIBLE FIXED ASSETS | | Equipment |
| 5 | TANGIBLE FIXED ASSETS | | £ |
| | COST | | |
| | At 1 April 2017 and 31 March 2018 | | 2,376 |
| | At I April 2017 and 31 Water 2010 | | |
| | DEPRECIATION | | |
| | At 1 April 2018 | | 2,059 |
| | Charge for year | - | 79 |
| | At 31 March 2019 | | 2,138 |
| | NET BOOK VALUE | | |
| | Net book value at 31 March 2019 | | 238 |
| | Net book value at 31 March 2018 | | 317 |
| 6 | DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR | | |
| | | Year ended | Year ended |
| | | 2019 | 2018 |
| | | £ | £ |
| | Prepayments | 0 | 118 |
| 7 | CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR | | |
| | | Year ended | Year ended |
| | | 2019 | 2018 |
| | | £ | £ |
| | Social security and other taxes | | 100 |
| | Deferred income | 18,133 | 24,834 |
| | Other creditors | 3,814 | 1,082 |
| | Accrued expenses | | 2,325 |
| | | 21,947 | 28,341 |

SIGNAL FAMILY SUPPORT LTD NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019 continued

| В | MOVEMENT IN FUNDS | | | Tunnakan | |
|---|-------------------------------|------------------|---|---------------------------|-------------|
| | | At 01.04.18 | Net movement in funds | Transter between funds | At 31.03.19 |
| | | £ | £ | £ | £ |
| | Unrestricted funds | 23,545 | 420 | 4,049 | 28,014 |
| | Restricted funds | 25,795 | (8,415) | (4,049) | 13,331 |
| | TOTAL FUNDS | 49,340 | (7,995) | * | 41,345 |
| | TOTAL FORDS | 45,546 | (,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | | |
| | Net movement in funds include | d in the above | ara as follows: | | |
| | Met movement in tunus include | d iii tile above | Incoming | Resources | Movement in |
| | | | resources | expended | funds |
| | | | £ | £ | £ |
| | Unrestricted funds | | 18,451 | 18,031 | 420 |
| | Restricted funds | | 33,261 | 41,676 | (8,415) |
| | TOTAL FUNDS | | 51,712 | 59,707 | (7,995) |
| | | | | | |
| | Comparatives for movement in | n funds | | | |
| | • | | Net movement | Transfer | At 31.03,18 |
| | | At 01.04.17 | in funds | between funds | |
| | | £ | £ | £ | £ |
| | Unrestricted funds | 28,557 | 10,188 | (15,200) | 23,545 |
| | Restricted funds | 3,649 | 6,946 | 15,200 | 25,795 |
| | TOTAL FUNDS | 32,206 | 17,134 | | 49,340 |
| | | | | | |
| | Comparative net movement in | funds, include | d in the above a | re as follows: | |
| | | | Incoming | Resources | Movement in |
| | | | resources | expended | funds |
| | | | £ | £ | £ |
| | Unrestricted funds | | 19,930 | (9,742) | 10,188 |
| | Restricted funds | | 43,766 | (36,820) | 6,946 |
| | TOTAL FUNDS | | 63,696 | (46,562) | 17,134 |
| | | | | | |

11 RELATED PARTY DISCLOSURES

There were no related party transactions in the year ended 31 March 2019.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019

| | Year ended 31.03.19 | Year ended 31.03,18 |
|--------------------------------------|------------------------|--|
| | Total Funds | Total Funds |
| | £ | |
| INCOME | Ľ | £ |
| Donations and grants: | | |
| Merchant Taylors | 12,594 | 4 022 |
| Children First Lewisham | 7,000 | 4,833 |
| London Community Fund | 6,667 | 10,500 |
| Baily Thomas | 5,000 | 3,333 |
| MENCAP | • | 10,000 |
| BBC Children in Need | 2,000 | 15 100 |
| Donations & fundraising events | 4 1 4 1 | 15,100 |
| Membership subscriptions | 4,141 | 6,076 |
| Subtotal | 3,905 41,307 | 3,931 |
| Sabtotal | 41,307 | 53,773 |
| Income from charitable activities: | | |
| Swimming | 4,794 | 4,280 |
| Trips | 3,250 | 3,472 |
| Trampolining | 2,016 | 2,171 |
| Dramatherapy | 345 | , |
| Subtotal | 10,405 | 9,923 |
| Total incoming resources | 51,712 | 63,696 |
| EVERAINE | | The state of the s |
| EXPENDITURE | | |
| Raising funds | 5,627 | 6,533 |
| Charitable activities | | |
| Staffing | 20,539 | 14,262 |
| Swimming | 12,516 | 8,618 |
| Trips | 7,722 | 6,971 |
| Trampolining | 5,818 | 4,580 |
| Office & administration, insurance | 1,481 | 1,564 |
| Teens group | 1,362 | |
| Parents' meetings/ Family activities | 1,240 | |
| Room hire | 432 | 325 |
| Newsletter | 382 | 575 |
| Telephone, subscriptions | 329 | 583 |
| Sundries | 13 | 147 |
| Depreciation | 79 | 105 |
| Subtotal | 57,540 | 44,263 |
| Governance costs | | |
| Legal & professional fees | 1,267 | 1,459 |
| Accountancy fees | 900 | 840 |
| Subtotal | 2,167 | 2,299 |
| Total resources expended | 59,707 | 46,562 |
| NET INCOME/ (EXPENDITURE) | (7,995) | 17,134 |
| Surplus/(Deficit for the year) | (7,995) | 17,134 |
| | 7,77 | |